

CONSENSUS CONFERENCE



ICC-PBM 2018: IMPLEMENTATION AND MAINTENANCE OF PBM PICOs 15-17

Mike Murphy

Professor of Blood Transfusion Medicine, University of Oxford Consultant Haematologist, NHS Blood & Transplant/Oxford University Hospitals



Patient Blood Management (PBM)

What is it?



Patient Blood Management (PBM)

What is it?

"An evidence-based, multidisciplinary approach to optimising the care of patients who might need a blood transfusion"



Patient Blood Management (PBM)

What is it?

'The timely application of evidence-based medical and surgical concepts designed to. maintain hemoglobin concentration, optimize hemostasis and minimize blood loss in an effort to improve patient outcome'

SABM (Society for the Advancement of Blood Management)



 \mathcal{C}

Patient Blood Management (PBM)

Many activities....

Patient Blood Management

| | Optimize erythropoiesis | Minimize blood loss | Manage anemia |
|------------------------|---|--|--|
| PREOPERATIVE | Identify, evaluate, and treat underlying anemia Preoperative autologous blood donation Consider erythropoiesis stimulating agents (ESA) if nutritional anemias ruled out/treated Refer for further evaluation if necessary | Identify and manage bleeding risk (past/family history) Review medications (antiplatelet, anticoagu- lation therapy) Minimize iatrogenic blood loss Procedure planning and rehearsal | Compare estimated blood loss with patient-specific tolerable blood loss Assess/optimize patient's physiologic reserve (e.g., pulmonary and cardiac function) Formulate patient-specific management plan using appropriate blood conservation modalities to manage anemia |
| INTRA OPERATIVE | • Time surgery with optimization of erythrocyte mass (note: unmanaged anemia is a contraindication for elective surgery) | Meticulous hemostasis and surgical techniques Blood-sparing surgical techniques Anesthetic blood conserving strategies Acute normovolemic hemodilution Cell salvage/reinfusion Pharmacologic/hemostatic agents | Optimize cardiac output Optimize ventilation and oxygenation Evidence-based transfusion strategies |
| OSTOPERATIVE | Manage nutritional/correctable anemia (e.g., avoid folate deficiency, iron-restricted erythropoiesis) ESA therapy if appropriate Be aware of drug interactions that can cause anemia (e.g., ACE inhibitor) | Monitor and manage bleeding Maintain normothermia (unless hypothermia indicated) Autologous blood salvage Minimize iatrogenic blood loss Hemostasis/anticoagulation management Be aware of adverse effects of medications (e.g., acquired vitamin K deficiency) | Maximize oxygen delivery Minimize oxygen consumption Avoid/treat infections promptly Evidence-based transfusion strategies |



Implementation and Maintenance of Patient Blood Management (PBM)

Many guidelines and initiatives (local, regional, national and international)

GETTING STARTED in PATIENT BLOOD MANAGEMENT

BB





PaBloE: **Pa**tient **Blo**od Management in **E**urope



Guidelines for implementation of PBM

National Blood Transfusion Committee (England)

Patient Blood Management An evidence-based approach to patient car

Foreward On behalf of NHS England, I am delighted to support the National Blood Transfusion Committee's Patient Blood Management recommendations.

NHS

National Blood Transfusion Committe

Biod components are used to save and improve thousands of lives each year. Red biodo eli usage in England has derevased by over 20% in the last 14 years, but national and large regional audits consistently shew that 15:20% of red biodo deil that estatiche end biodo elit transitioni reduces motality and motoldity. Everyone involved in blood transfusion needs to take responsibility for ensuing that blood transfacion s appropriately.

Valent Blood Management is an evidence-based, multidisciplinary approach to priming the case of patients who might need transfusion. It encompasses reasures to avoid transfusion such as anaemia management without transfusion, la slavage and the use of anti-fibrinolytic drugs to reduce bleeding as well as estrictive transfusion. It ensures that patients receive the optimal treatment, and that voldable, inappropriate use of blood not blood components is reduced.

Patient Blood Management needs leadership and support at every level, from trust management, health professionals in hospitals, NHS Blood & Transplant and the National and Regional Blood Transfusion Committees. I comment these guidelines to all, and offer our thanks to the many professionals involved in their development.

Jo Martin Professor JE Martin MA MB BS PhD FRCPath National Clinical Director of Pathology, NHS England

D. Implementation of PBM

Implementation of good practice for blood avoidance and the use of blood

- Analyse casemix and clinical services to determine the main targets for PBM
- Identify PBM champions to help educate staff and patients
- Establish a PBM committee (either stand-alone or within the Hospital Transfusion Committee) to oversee the PBM programme
- Obtain a mandate for PBM from hospital management
- Educate clinicians about PBM and evidence-based transfusion practice
- Adopt a PBM scorecard to share with senior NHS Trust members to monitor adherence to guidelines for blood avoidance and the use of blood, including the use of benchmarking to identify clinicians/clinical teams who are consistently well outside of average blood use for a specific procedure

http://www.transfusionguidelines.org.uk/uk-transfusion-committees/national-blood-transfusion-committee/patient-blood-management

 \bigcirc

Guidelines for implementation of PBM

EU-PBM guide



D9 - PBM Implementation Guide

EU-PBM

EU guide for Member States on good practices for patient blood management

| | (1) Establish urgency for PBM | (2) Form a powerful PBM group | (3) Create a vision for PBM | (4) Communicate the PBM-Vision within the hospital | (5) Empower the team and remove obstacles | (6) Generate short-term wins | (7) Build on the change | (8) Anchor PBM In culture |
|---|---|---|--|--|--|--|---|---|
| 1 | Baseline evaluation regarding main topics of PBM like prevalence of anaemia, blood loss, TR, TI Show the results focusing on their own baseline data compared with reference centres. Show the people: this is the "gold standard" | Main disciplines included (anaesthesia, surgery, transfusion medicine, laboratory, haematology, gastroenterology, pharmacology, quality management) | Vision of the PBM Group formulated and consented | Meetings, lectures and workshops are held | identifying human and organisational obstacles (human or otherwise) | Revised blood ordering schedules | Consolidate and complete the implementation of the three-pillar strategy (e.g. Preoperative anaemia treatment if Hb < WHO threshold or if expected blood loss is likely) | Three pillar strategy anchored as part of the hospital's culture |
| 2 | Benchmarking transfusion and outcome data by implementing suitable data system to continuously benchmark transfusion and outcome with the possibility to identify practice and knowledge gaps. | Professionals included (physicians, nurses, perfusionists, hospital management, networkers, quality managers) | Vision in line with the current literature and the available resources of the hospital | PBM is communicated through the hospitals' homepage and intranet | Establish PBM training for staff | Micro sampling (smaller volumes, less frequent) | Continue with workarounds and solutions to overcome human, structural and organisational obstacles | Automated benchmarking and reporting process in place |
| 3 | Main arguments for the implementation of PBM Prepare a communication strategy with emotional and logical arguments Communicate current evidence | Leading professionals (key leaders), officially assigned by the hospital providers, included | Vision supported by the health authorities | Guidelines, literature and other information material are provided in print and electronically | Responsibilities of leaders clearly defined | Implementation of a single unit ordering and transfusion strategy | Implement a database for the continuous monitoring of key parameters Have a first version of the database including minimal dataset ready as early as possible | Routine reporting of key parameters to clinical directors and the hospital management |





 $\mathcal{\mathcal{D}}$

Guidelines for implementation of PBM

EU – PBM guide

| | (1) Establish urgency for PBM | (2) Form a powerful PBM group | (3) Create a vision for PBM | (4) Communicate the PBM-Vision within the hospital | (5) Empower the team and remove obstacles | (6) Generate short-term wins | (7) Build on the change | (8) Anchor PBM In culture |
|----|---|--|--|---|---|---|---|---|
| 4 | Specially tailored educational Information to • clinical directors and co-workers In surgery, nursing and finance • hospital managers (and health care providers) • primary care physicians patients and patient advocates | Support from hospital management (including budget for PBM) | Strategies for executing the PBM (vision) developed | Staff familiar with PBM concept | Recruiting personnel and technical support | Preoperative anaemia management • Patient information about options for preoperative anaemia treatment • Preoperative screening for anaemia and iron status | Internal auditing of transfusion practice on a regular basis | Multidisciplinary publications |
| 5 | Informed patient consent for anaemla treatment | Support from clinical directors | Each strategy should be executed within a given time frame (road map) | Lead by example (Number of available team leaders) | incentives for team members (e.g. publications) | Preoperative check for coaguiation and expected blood loss (e.g. Mercurial algorithm to calculate expected blood loss and post-operative haematocrit) | Reporting results and achievements to hospital staff and management | PBM certification from national hospital accreditation programme |
| 6 | Adding relevant PBM questions to the preoperative checklists (SOP) of the surgeons and anaesthesiologists | Support from patient advocacy | Strategies should include a stakeholder mapping for the environment | | Official empowerment from hospital managers | Standard use of antifibrinolytics | Motivate hospital staff to attend lectures and study publications | |
| 7 | Developing and introducing mandatory post- and undergraduate curricula | Support from IT- department for data management | | | Official empowerment from clinical directors | Irradiation of salvaged blood | Continuous improvement, rethinking strategies and goals | |
| 8 | | Use of tools to facilitate the team | | | | Using restrictive/symptomatic transfusion thresholds/triggers | Rewards and incentives for successful PBM team members | |
| 9 | | Emphasis on networking and cross communication within the hospital teams | | | | Other hospital specific easy wins (patient questionnaire) | Include project management / timeline / milestones / Benchmark cycles | |
| 10 | | | | | | | Set up a framework using stepwise indicator systems to follow changes • Structure indicators • Process indicators • Outcome indicators | |

D9 - PBM Implementation Guide

EU-PBM

lower rate of patients with anaemia

EU guide for Member States on good practices for patient blood management

NUMBER OF THE OFFICE OF

Implementation and Maintenance of Patient Blood Management (PBM)

PICO question 15: Is a PBM program [intervention] effective to improve clinical and economic outcomes [outcomes] compared to no PBM program [comparison]?

PICO question 16: Is a specific behavioural intervention to promote the implementation of a PBM program [intervention] more effective to improve clinical and economic outcomes [outcomes] compared to no/another behavioural intervention [comparison]?

PICO question 17: Is a specific decision support system to promote the implementation of a PBM program [intervention] more effective to improve clinical and economic outcomes [outcomes] compared to no intervention or another decision support system/behavioural intervention [comparison]?



 \square

Example of simple behavioural intervention





Example of clinical decision support for blood ordering





 \bigcirc

End-to-end electronic transfusion for transfusion safety

Transfusion safety at the bedside

| Assess clinical need Inform patient/consent Select product and quantity Order product Request form | doctors | ← bedside or ward PC |
|--|--|-------------------------|
| Blood sample | nurses / doctors phlebotomist | ← bedside |
| Crossmatching | laboratory staff | ← blood |
| Delivery | porters | mage |
| Identity check Administration of product Recording Observation | nurses | ← bedside |
| Respond to adverse event | doctors / nurses / laboratory staff | ← bedside |



End-to-end electronic transfusion for transfusion safety

Transfusion safety at blood fridges





Burns

Cardiac- CABG Cardiac -CABG redo Cardiac -Valve

ENT-Epistaxis ENT-Malignancy

Cardiac -Valve +CABG Cardiac -Valve redo

 $\mathcal{\mathcal{D}}$

Example of clinical decision support for blood ordering

1 Capture the diagnostic group

Automatic capture of the most recent relevant result



C TOTAL BLOOD MANAGEMENT ALERT

The most recent haemoglobin level available for this patient is greater than 8g/dl; outside the OUH guidelines for administration of red blood cells based on evidence-based treatment for anaemia. Specific clinical conditions such as an acute ischaemic event or acute on-going blood loss may justify a variation from the guideline. In the absence of these conditions, the risks of transfusion may exceed the benefits at this haemoglobin level. Please choose the appropriate action below to resolve this alert.

OK

not justified

Alert if

transfusion

Discern: (1 of 1)

Cancel Blood Transfusion Order
 Proceed with Blood Transfusion Order

¥

PICO questions

- Is a specific behavioural intervention [intervention] more effective to improve blood product ordering [outcomes] compared to no/another behavioural intervention [comparison]? (PICO 16)
- Is a specific decision support system [intervention] more effective to improve the appropriate use of blood products or clinical outcomes [outcome] compared to no intervention or another decision support system/behavioural intervention [comparison]? (PICO 17)

3. Is a **'comprehensive' PBM program** [intervention] effective to improve clinical and economic outcomes [outcomes] compared to no PBM program [comparison]? **(PICO 15)**

2018

Selection criteria

POPULATION: patients who might need transfusion (surgical and non-surgical patients/ acute and chronic disease patients/adults and children) (**PICO 15-17**)

INTERVENTION:

Behavioural interventions (PICO 16):

- → Guidelines
- → Educational sessions (group or individual)
- → Transfusion forms containing reminders of appropriate criteria for transfusion
- → Audit with feedback (retrospective audits with feedback given to individuals or groups after the transfusion)
- → Audit with approval (audit with approval needed before transfusion of products).

Decision support systems (PICO 17):

→ Any electronic/computerised DSS that provides clinicians with recommendations on RBC, platelet, plasma, cryoprecipitate, or granulocyte ordering at the time the decision to order a transfusion is being made based on individual patient characteristics.

Comprehensive PBM programs (PICO 15):

- → Component 1: interventions of at least 2 PBM pillars
- → Component 2: behavioural interventions and/or decision support systems

COMPARISON (PICO 15-17): another or no intervention

OUTCOMES: blood product utilization (PICO 15-17), clinical outcomes (PICO 15), economic outcomes (PICO 15)

STUDY DESIGN: observational studies (cohort studies – before-after studies – time interrupted series) (**PICO 15-17**) and experimental studies (RCT) (**PICO 17**)

FRANKFURT

2018

Flow chart PICO 16 (behavioural interventions)





Flow chart PICO 17 (decision support systems)



| | Contents lists a vailable at ScienceDirect | TRAN |
|----------|--|-------|
| | Transfusion Medicine Reviews | MEDIC |
| ELSEVIER | journal homepage: www.tmreviews.com | |

The Impact of Electronic Decision Support on Transfusion Practice: A Systematic Review

Stephen P. Hibbs⁺, Nathan D. Nielsen⁺, Sussan Brunskill⁺, Carolyn Doree⁺, Mark H. Yazer^d, Richard M. Kaufman⁺, Michael F. Murphy⁺^(#) ^(#) offorthiensing indicated and Radiaga Unitary of Application MINE Blood and Transplane. Optical KR ^(*) Sparamal: New Printing Mini Blood and Application Optic, Blaimen, KD

⁴ Department of Pathology, University of Pittshaugh and the institute for Transfusion Medicine, Pittshaugh, PA Caparement of Pathology, Brightsmand Women's Hampind, Rosson, MA Neil Biolof Transpart, the National Induce for Healt Beasewidt and Beasewidt Gentre, Oxford University Hospitals and the University of Oxford, Ox

Computerised decision support systems to promote appropriate use of blood products

Sheila A Fisher¹, Annemarie B Docherty², Carolyn Doree¹, Stephen P Hibbs³, Michael F Murphy⁴, and Lise J Estcourt⁵

¹Systematic Review Initiative, NHS Blood and Transplant, Oxford, UK

²Anaesthesia and Intensive Care, Royal Infirmary Edinburgh, Edinburgh, UK

³Department of Medicine, Queens Hospital, Barking, Havering and Redbridge NHS Trust, Romford, UK

⁴NHS Blood and Transplant; National Institute for Health Research (NIHR) Oxford Biomedical Research Centre, Oxford University Hospitals NHS Foundation Trust and University of Oxford, Oxford, UK

⁵Haematology/Transfusion Medicine, NHS Blood and Transplant, Oxford, UK

3 observational studies (time interrupted series) and 1 experimental study (RCT)

CC-PBI

FRANKFURT 2018

Flow chart PICO 15 (comprehensive PBM programs)



EXAMPLE CONTRACT CONTRAC

Study characteristics PICO 16 (behavioural interventions)

| Author, year, country | Study design | Targeted physicians |
|----------------------------------|--|---|
| Abelow, 2017, Israel | | Targeted physicians: all |
| Ballantyne, 2004, UK | | Targeted physicians: surgeons |
| Brandis, 1994, South Africa | | Targeted physicians: all |
| Cheng, 1996, Hong Kong | | Targeted physicians: all |
| Eindhoven, 2005, The Netherlands | | Targeted physicians: surgeons |
| Fontana, 2014, Switzerland | | Targeted physicians: all |
| Garrioch, 2004, UK | | Targeted physicians: all |
| Hui, 2005, Australia | | Targeted physicians: all |
| Lee, 2015, Hong Kong | | Targeted physicians: surgeons |
| Meyer, 2017, USA | Observational: Non-concurrent cohort study | Targeted physicians: anaesthesiologists |
| Mimica, 2008, Brazil | | Targeted physicians: neonatal |
| Morrison, 1993, USA | | Targeted physicians: obstetricians/gynaecologists |
| Muller, 2004, Switzerland | | Targeted physicians: surgeons |
| Patel, 2016, USA | | Targeted physicians: all |
| Sarode, 2010, USA | | Targeted physicians: all |
| Spencer, 2005, UK | | Targeted physicians: surgeons |
| Tavares, 2014, USA | | Targeted physicians: all |
| Torella, 2002, UK | | Targeted physicians: surgeons |
| Yeh, 2006, Taiwan | | Targeted physicians: all |

Study characteristics PICO 16 (behavioural interventions)

16 STUDIES COMPARING BEHAVIOURAL INTERVENTIONS VERSUS NO BEHAVIOURAL INTERVENTIONS

 \mathcal{D}

2018

| | Behavioural interventions | | | | | |
|-----------------------------|---------------------------|---------------------|--------------------|--------------------|-----------|--|
| Author, year, country | Guideline | Transfusion form | Audit- approval | Audit- feedback | Education | |
| Abelow, 2017, Israel | | | | | | |
| Ballantyne, 2004, UK | | | | | | |
| Brandis, 1994, South Africa | | | | | | |
| Cheng, 1996, Hong Kong | | | | | | |
| Fontana, 2014, Switzerland | | | | | | |
| Garrioch, 2004, UK | | | | | | |
| Hui, 2005, Australia | | | | | | |
| Lee, 2015, Hong Kong | | | | | | |
| Meyer, 2017, USA | | | | | | |
| Mimica, 2008, Brazil | | | | | | |
| Morrison, 1993, USA | | | | | | |
| Müller, 2004, Switzerland | | | | | | |
| Sarode, 2010, USA | | | | | | |
| Spencer, 2005, UK | | | | | | |
| Torella, 2014, UK | | | | | | |
| Yeh, 2006, Taiwan | | | | | | |

 \mathcal{D}

Study characteristics PICO 16 (behavioural interventions)

3 STUDIES COMPARING BEHAVIOURAL INTERVENTIONS VERSUS OTHER (BEHAVIOURAL) INTERVENTIONS

| Author, year, country | Behavioural | intervention | Other intervention | | | |
|----------------------------------|-------------|--------------|--------------------|------|----------------|-----------------------------------|
| | Guideline | Education | Guideline | Form | Audit-approval | Decision support system (CPOE) |
| Eindhoven, 2005, The Netherlands | | | | | | |
| Patel, 2016, USA | | | | | | |
| Tavares, 2014, USA | | | | | | |

- **3 different type of interventions**¹ provided by the decision support system tested:
- <u>"Simplest"</u>: advice on transfusion suitability based on single laboratory value compared with a given fixed threshold (e.g. Hb < 7g/dl)
- **2.** <u>"More sophisticated"</u>: advice based on multiple criteria (e.g. lab values such as Hb, but also clinical symptoms such as cardiac ischemia or septic shock)
- **3.** <u>**"Most sophisticated"</u>**: advice based on variable criteria (e.g. different Hb thresholds for different clinical symptoms or patient characteristics)</u>

¹ Hibbs et al, Transfusion Medicine Reviews 2015, 29: 14-23

FRANKFURT 2018

Study characteristics PICO 17 (decision support systems)

| Author, year, country | Study design | Population | Intervention (decision support system (DSS)) | Comparison |
|-----------------------------|--|---|---|--|
| Adams, 2011, USA | Observational: interrupted time series (retrospective cohort study) | Children (medical, surgical, ICU) Study centre: single centre, tertiary hospital | "More sophisticated" CPOE (Cerner), alerts were created according to the current best-practice recommendations. The CPOE alert was designed to analyse the patient record and hemodynamic status Variables in the alert algorithm included the patient's age, diagnosis, most recent serum haemoglobin level and blood pressure. | Comparison: after DSS implementation versus before DSS implementation |
| Goodnough, 2014, USA | Observational: interrupted time series (retrospective cohort study) | 177020 adult inpatient discharges (ED, medical, surgical, obstetrics, and ICU) Study centre: single centre, tertiary hospital | "Simplest" CPOE (Epic systems) Orders for RBC units triggered an interruptive alert in patients with the most recent (within 24 hr) Hb level of higher than 7 g/dL (8 g/dL in patients with acute coronary syndrome or post–cardiothoracic surgery). The alert contained the consensus guidelines, a link to relevant literature, and an "acknowledgment" reason for transfusion if the provider chose to continue with the RBC order. | Comparison: after DSS implementation versus before DSS implementation |
| Kassakian, 2016, USA | Observational: interrupted time series (retrospective) | All adult patients admitted to all services except obstetrics Study centre: single centre, tertiary hospital | "More sophisticated" Htc \geq 21% and order for RBC transfusion is followed by an interruptive alert which also allows the user to turn off the alert with common reasons for RBC transfusion in patients with Htc \geq 21% such as tachycardia, hypotension, active bleeding, acute coronary syndrome, instability, and imminent surgery. | Comparison: after DSS implementation versus before DSS implementation |
| Rothschild, 2007, USA | Experimental: randomized controlled trial | 453 Junior Housestaff (1 st , 2 nd and 3 rd year residents; medical, surgical, obstetrics, ICU) randomized into the intervention group (DSS) (n=227) and a control group (no DSS) (n=226) Study centre: single centre, tertiary hospital | "Most sophisticated" Details of DSS: Hct level for RBC, Plt count for Plt, PT/INR or APIT for plasma. DS-recommended doses were calibrated to patient characteristics and the preceding "trigger" laboratory results for component blood orders The DS logic recommended a dose (number of units) of product based on the most recent laboratory values, the patient's characteristics, and the expected therapeutic result of the product. | Comparison: DSS (CPOE system) versus no DSS |

Study characteristics PICO 17 (decision support systems) Only one randomized controlled trial (RCT)

Assessment of education and computerized decision support interventions for improving transfusion practice

FRANKFURT 2018

Jeffrey M. Rothschild, Siobhan McGurk, Melissa Honour, Linh Lu, Aubre A. McClendon, Priya Srivastava, W. Hallowell Churchill, Richard M. Kaufman, Jerry Avorn, E. Francis Cook, and David W. Bates

TRANSFUSION 2007;47:228-239.





Study characteristics PICO 15 (comprehensive PBM programs)

| | T pl | argete hysiciar | d ns |
|-------------------------------|----------|--------------------|---------|
| Author, year, country | Surgeons | IIA | Unclear |
| Frank, 2017, USA | | | |
| Frew, 2016, UK | | | |
| Gross, 2015, USA | | | |
| Gross, 2016, USA | | | |
| Kansagra, 2017, USA | | | |
| Kopanidis, 2016, Australia | | | |
| Leahy, 2014, Australia | | | |
| Leahy, 2017, Australia (1) | | | |
| Leahy, 2017, Australia (2) | | | |
| Loftus, 2016, USA | | | |
| Mehra, 2015, Switzerland | | | |
| Meybohm, 2016, Germany | | | |
| Rineau, 2016, France | | | |
| Ternström, 2014, Sweden | | | |
| Thakkar, 2016, USA | | | |
| Theusinger, 2014, Switzerland | | | |
| Verdecchia, 2016, USA | | | |
| Xydas, 2012, USA | | | |
| Yaffee, 2014, USA | | | |

Surgeons in 5 studies (26%) All physicians in 11 studies (58%) No information in 3 studies (16%)



Study characteristics PICO 15 (comprehensive PBM programs)

| | | | Cate | gory | | |
|-------------------------------|--------------------|------------------------|------------------------------|--------------------|--------------------|----------------------|
| Author, year, country | Cardiac surgery | Orthopaedic surgery | Gastrointest inal surgery | General surgery | General Medical | Malignant disease |
| Frank, 2017, USA | | | | | | |
| Frew, 2016, UK | | | | | | |
| Gross, 2015, USA | | | | | | |
| Gross, 2016, USA | | | | | | |
| Kansagra, 2017, USA | | | | | | |
| Kopanidis, 2016, Australia | | | | | | |
| Leahy, 2014, Australia | | | | | | |
| Leahy, 2017, Australia (1) | | | | | | |
| Leahy, 2017, Australia (2) | | | | | | |
| Loftus, 2016, USA | | | | | | |
| Mehra, 2015, Switzerland | | | | | | |
| Meybohm, 2016, Germany | | | | | | |
| Rineau, 2016, France | | | | | | |
| Ternström, 2014, Sweden | | | | | | |
| Thakkar, 2016, USA | | | | | | |
| Theusinger, 2014, Switzerland | | | | | | |
| Verdecchia, 2016, USA | | | | | | |
| Xydas, 2012, USA | | | | | | |
| Yaffee, 2014, USA | | | | | | |

Orthopaedic surgery: 6 studies (31%)
General surgery + medical : 6 studies (31%)
Cardiac surgery: 4 studies (21%)
Malignant disease: 2 studies (11%)
General surgery: 1 study (6%)

2018

Study characteristics PICO 15 (comprehensive PBM programs)

| Author, year, country | Inter com | Intervention(s) to promote/monitor comprehensive/multi-faceted PBM programs | | | | | |
|-------------------------------|--------------|--|-------|-----------|----------------------|---------------------|------------|
| | Guideline | Form | Audit | Education | Kotter principles | Decision support | Monitoring |
| Frank, 2017, USA | | | | | | | |
| Frew, 2016, UK | | | | | | | |
| Gross, 2015, USA | | | | | | | |
| Gross, 2016, USA | | | | | | | |
| Kansagra, 2017, USA | | | | | | | |
| Kopanidis, 2016, Australia | | | | | | | |
| Leahy, 2014, Australia | | | | | | | |
| Leahy, 2017, Australia (1) | | | | | | | |
| Leahy, 2017, Australia (2) | | | | | | | |
| Loftus, 2016, USA | | | | | | | |
| Mehra, 2015, Switzerland | | | | | | | |
| Meybohm, 2016, Germany | | | | | | | |
| Rineau, 2016, France | | | | | | | |
| Ternström, 2014, Sweden | | | | | | | |
| Thakkar, 2016, USA | | | | | | | |
| Theusinger, 2014, Switzerland | | | | | | | |
| Verdecchia, 2016, USA | | | | | | | |
| Xydas, 2012, USA | | | | | | | |
| Yaffee, 2014, USA | | | | | | | |

- ✓ Guideline only in 6 studies (31%)
- ✓ Guideline + decision support in 2 studies (10.5%)
- ✓ Guideline + monitoring in 1 study (6%)
- ✓ Guideline + 1-2 extra behavioural interventions in 4 studies (21%)
- ✓ Guideline + >2 extra behavioural interventions in 2 studies (10.5%)
- ✓ Guideline + ≥1 extra behavioural interventions + decision support/monitoring in 4 studies (21%)

ICC-PBI FRANKFURT

> Verdecchia, 2016, USA Xydas, 2012, USA Yaffee, 2014, USA

Study characteristics PICO 15 (comprehensive PBM programs)

Refer for further evaluation if

necessary

2018 PILLAR MANAGE ANAEMIA PILLAR MINIMZE BLOOD LOSS PILLAR OPTIMIZE ERYTHROPOEISIS (Evidence-based) transfusion guidelines - hemostatic agents surgical Blood-sparing surgical techniques ESA/iron therapy if appropriate - anticoagulation Anesthetic blood conserving Evaluate underlying anemia Autologous blood alvage RBC Transfusion guidelines Meticulous hemostasis and (restrictive transfusion trigger management techniques strategies (usually 7-8 g/dL in stable/fit PLT transfusion guidelines (a Author, year, country FFP transfusion guidelines patients or 8-9 g/dL in PLT count of fewer than 100 (prolonged coagulation time unstable/older patient x 109/L and a prolonged Pharmacologic Hemostasis or Factor V activity <20%) prothrombin time) with(out) cardiovascular disease, usually emphasis on single-unit transfusion) Frank, 2017, USA Frew, 2016, UK Gross, 2015, USA Gross, 2016, USA Kansagra, 2017, USA Kopanidis, 2016, Australia Leahy, 2014, Australia Leahy, 2017, Australia (1) Leahy, 2017, Australia (2) Loftus, 2016, USA Mehra, 2015, Switzerland Meybohm, 2016, Germany Rineau, 2016, France Ternström, 2014, Sweden Thakkar, 2016, USA Theusinger, 2014, Switzerland



Study characteristics PICO 15 (comprehensive PBM programs)

- ✓ Pillar manage anaemia
 - ✓ RBC transfusion strategies: 19 studies
 - ✓ PLT transfusion strategies: 2 studies
 - ✓ FFP transfusion strategies: 2 studies

✓ Pillar minimize blood loss

- ✓ Pharmacologic hemostatic agents: 12 studies
- ✓ Anesthetic blood conserving strategies: 6 studies
- Hemostasis anticoagulation management: 1 study
- ✓ Autologous blood salvage: 6 studies
- ✓ Blood-sparing surgical techniques: 6 studies
- ✓ Meticulous hemostasis and surgical techniques: 5 studies
- ✓ Pillar optimize erythropoiesis
 - ✓ ESA/iron therapy if appropriate: 14 studies
 - ✓ Evaluate underlying anaemia: 5 studies
 - ✓ Refer for further evaluation if necessary: 3 studies

Study characteristics PICO 15 (comprehensive PBM programs)

| Author, year, country | Follow-up period (months) |
|-------------------------------|---------------------------------|
| Frank, 2017, USA | 30 |
| Frew, 2016, UK | 60 |
| Gross, 2015, USA | 66 |
| Gross, 2016, USA | 60 |
| Kansagra, 2017, USA | 15 |
| Kopanidis, 2016, Australia | 24 |
| Leahy, 2014, Australia | 36 |
| Leahy, 2017, Australia (1) | 54 |
| Leahy, 2017, Australia (2) | 54 |
| Loftus, 2016, USA | 12 |
| Mehra, 2015, Switzerland | 12 |
| Meybohm, 2016, Germany | 12-30 |
| Rineau, 2016, France | 6 |
| Ternström, 2014, Sweden | 12 |
| Thakkar, 2016, USA | 12 |
| Theusinger, 2014, Switzerland | 36 |
| Verdecchia, 2016, USA | 96 |
| Xydas, 2012, USA | 6 |
| Yaffee, 2014, USA | 24 |



Median follow-up: 24 months [IQR: 42 months]



1. How substantial are the desirable anticipated effects? (= how large are the desirable effects of the

intervention taking into account the importance of the outcomes (how much they are valued), and the size of the effect (the likelihood of experiencing a benefit or how much of an improvement individuals would be likely to experience)?)

o Trivialo Smallo Moderateo Large

o Varies o Don't know





2. How substantial are the undesirable anticipated effects? (= how large are the undesirable effects of the

intervention taking into account the importance of the outcomes (how much they are valued), and the size of the effect (the likelihood of experiencing a benefit or how much of an improvement individuals would be likely to experience)?)

o Largeo Moderateo Smallo Trivial

o Varies o Don't know



3. Does the balance between desirable and undesirable effects favor the intervention or the comparison? (= what is the balance between the desirable and

undesirable effects, taking into account how much individuals value the main outcomes, how substantial the desirable and undesirable effect are and the certainty of those estimates?)

- o Favors the comparison
- o Probably favors the comparison
- o Does not favor either the intervention or the comparison
- o Probably favors the intervention
- o Favors the intervention
- o Varies o Don't know





Critical outcomes

Effect on blood product utililization Red cells FFP Platelets


Critical outcomes

Effect on blood product utililization Red cells FFP Platelets Effect on clinical outcomes Hospital mortality 30 day mortality 30 day readmission Myocardial infarction Ischaemic stroke **Kidney** injury Length of hospital stay



Effect on blood product utilization

RBC utililization



Behavioural intervention versus no behavioural intervention

(PICO 16) Outcome: Number of patients/admissions that received RBC transfusions

| | Behavioral intervention | | No intervention R | | Risk Ratio | Risk Ratio |
|---|-------------------------|-------|-------------------|-------|---------------------|---|
| Study or Subgroup | Events | Total | Events | Total | M-H, Random, 95% Cl | M-H, Random, 95% Cl |
| 1.8.1 Guideline | | | | | | |
| Fontana 2004 - Number of patients transfused | 151 | 896 | 258 | 1238 | 0.81 [0.67, 0.97] | + |
| Mimica 2008 - proportion of infants transfused | 48 | 78 | 54 | 69 | 0.79 [0.63, 0.97] | + |
| Torella 2002 (CABG) - Nr of patients transfused | 90 | 200 | 114 | 200 | 0.79 [0.65, 0.96] | + |
| Torella 2002 (Colectomy) - Nr of pts transfused | 22 | 40 | 24 | 45 | 1.03 [0.70, 1.53] | + |
| Torella 2002 (prostatectomy) - Patients transfused | 18 | 78 | 12 | 80 | 1.54 [0.79, 2.98] | |
| Torella 2002 (THR) - Nr of patients transfused | 15 | 57 | 26 | 50 | 0.51 [0.30, 0.84] | -+ |
| 1.8.2 Guideline + Education | | | | | | |
| Müller 2004 - operations requiring transfusion | 44 | 222 | 79 | 226 | 0.57 [0.41, 0.78] | +- |
| Spencer 2005 - transfusion rate | 18 | 45 | 45 | 63 | 0.56 [0.38, 0.83] | -+ |
| 1.8.3 Guideline + Education + Form + Audit/feedback | K | | | | | |
| Garrioch 2004 - patients transfused | 257 | 7336 | 320 | 7262 | 0.80 [0.68, 0.93] | + |
| | | | | | ł | D.01 0.1 1 10 100 Favours intervention Favours no intervention |



Behavioural intervention versus other behavioural intervention (PICO 16)

Guideline + Form + Audit versus Guideline only

Outcome: Number of RBC units transfused (per patient)



Outcome: proportion of patients receiving RBC transfusion

| I | | Guideline + form + audit Guideline | | | | Risk Ratio | Risk | Risk Ratio | | |
|--|-------------------|------------------------------------|-------|--------|-------|------------|---------------------------|-------------------|------------|--|
| l | Study or Subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% Cl | M-H, Rand | om, 95% Cl | |
| | Eindhoven 2005 | 14 | 186 | 40 | 186 | 100.0% | 0.35 [0.20, 0.62] | | | |
| | Total (95% CI) | | 186 | | 186 | 100.0% | 0.35 [0.20, 0.62] | • | | |
| | Total events | 14 | | 40 | | | | | | |
| Heterogeneity: Not applicable | | | | | | | | 100 | | |
| Test for overall effect: Z = 3.59 (P = 0.0003) | | | | | | | Favours Guidel/form/audit | Favours Guideline | 100 | |
| | | | | | | | | | | |

Behavioural intervention versus other behavioural intervention (PICO 16)

Education + DSS (CPOE) versus Education only

Outcome: Number of RBC units transfused (per 1000 discharges)

| | CPOE + Education | | Education | | Risk Ratio | | Risk Ratio |
|--|------------------|-------|-----------|-------|------------|---------------------|---|
| Study or Subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% Cl | M-H, Random, 95% Cl |
| Tavares 2014 - Nr RBC transf per 1000 discharges | 394 | 1000 | 512 | 1000 | 100.0% | 0.77 [0.70, 0.85] | |
| Total (95% CI) | | 1000 | | 1000 | 100.0% | 0.77 [0.70, 0.85] | • |
| Total events | 394 | | 512 | | | | |
| Heterogeneity: Not applicable Test for overall effect: Z = 5.25 (P < 0.00001) | | | | | | | 0.01 0.1 1 10 100 Favours CPOE+education Favours education |

Outcome: % RBC orders with a pretransfusion Hb level >8 g/dL

No statistical significant results (6.1% vs 6.3%, p>0.05) (Patel 2016)

ICC-PBI FRANKFURT 2018

 \sum

Behavioural intervention versus no behavioural intervention (PICO 16) Outcome: Number of RBC units transfused (continuous)

| | Behavioral intervention | | No int | No intervention S | | Std. Mean Difference | Std. Mean Difference | |
|---|-------------------------|-------|--------|-------------------|-------|----------------------|----------------------|--|
| Study or Subgroup | Mean | SD | Total | Mean | SD | Total | IV, Random, 95% CI | IV, Random, 95% CI |
| 1.1.1 Guideline | | | | | | | | |
| Fontana 2014 - RBC units per patient | 0.4 | 0 | 0 | 0.5 | 0 | 0 | Not estimable | |
| Lee 2015 - RBC units transfused | 1.67 | 0.58 | 96 | 1.8 | 0.92 | 97 | -0.17 [-0.45, 0.11] | -++ |
| Mimica 2008 - median volume RBC transfused | 15 | 0 | 48 | 36 | 0 | 54 | Not estimable | |
| Torella 2002 (CABG) - median units transfused | 0 | 0 | 0 | 1 | 0 | 0 | Not estimable | |
| Torella 2002 (Colectomy) - median units transfused | 0 | 0 | 0 | 2 | 0 | 0 | Not estimable | |
| Torella 2002 (THR) - median units transfused | 2 | 0 | 0 | 2 | 0 | 0 | Not estimable | |
| | | | | | | | | |
| 1.1.2 Guideline + Education | | | | | | | | |
| Patel 2016 - %RBC orders Hb 8 g/dL | 6.36 | 0 | 0 | 16.64 | 0 | 0 | Not estimable | |
| | | | | | | | | |
| 1.1.3 Guideline + Education + Form + Audit/feedback | | | | | | | | |
| Morrison 1993 - RBC units transfused monthly | 40.7 | 17.2 | 144 | 107.9 | 45.96 | 336 | -1.69 [-1.92, -1.47] | + |
| | | | | | | | | |
| 1.1.4 Form + Audit/feedback | | | | | | | | |
| Yeh 2006 - Nr of RBC units transfused monthly | 3,769 | 271.3 | 3769 | 4,442.3 | 147.6 | 4442 | -3.15 [-3.22, -3.09] | + |
| | | | | | | | | |
| | | | | | | | | -4 -2 0 2 4 |
| | | | | | | | | Favours intervention Favours no intervention |



Decision support system versus no decision support system (PICO 17)

Outcome: Overall RBC usage: number of RBC transfusion per 100 inpatient days

Outcome: Inappropriate RBC usage: number of RBC transfusion per 100 inpatient days







Decision support system versus no decision support system (PICO 17)

Outcome: Appropriate RBC transfusions



FRANKFURT 2018

Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: Number of patients/admissions that received RBC transfusions

| | Atter | PRIM | Betore | 5 PRM | | RISK RATIO | | RISK | Ratio |
|---|----------------------|-------------------------|-------------|-----------------------------|---------------------------|---|---------------------------|-------------|----------------|
| Study or Subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% CI | | M-H, Rand | om, 95% Cl |
| 1.1.1 Guideline + form | 1 | | | | | | | | |
| Gross 2015 Subtotal (95% CI) | 473 | 2275 2275 | 152 | 387 387 | 8.2% <mark>8.2%</mark> | 0.53 [0.46, 0.61] 0.53 [0.46, 0.61] | • | • | |
| Total events | 473 | | 152 | | | | | | |
| Heterogeneity: Not app | olicable | | | | | | | | |
| Test for overall effect: 2 | Z = 8.45 (| (P < 0.000 | 01) | | | | | | |
| 1.1.2 Guideline + educ | ation | | | | | | | | |
| Yaffee 2014 | 263 | 387 | 324 | 391 | 10.2% | 0.82 [0.76, 0.89] | | | |
| Meybohm 2016 Subtotal (95% CI) | 11431 | 75206 75593 | 9392 | 54513 <mark>54904</mark> | 11.3% 21.5% | 0.88 [0.86, 0.90] 0.86 [0.80, 0.92] | | • | |
| Total events | 11694 | | 9716 | | | | | | |
| Heterogeneity: Tau ² = | 0.00; Chi | i² = 2.91, d | f = 1 (P = | : 0.09); I ² : | = 66% | | | | |
| Test for overall effect: 2 | Z = 4.24 (| (P < 0.000 | 1) | | | | | | |
| 1.1.3 Guideline + educ | ation + a | audit | | | | | | | |
| Kansagra, 2017 Subtotal (95% CI) | 260 | 1574 1574 | 344 | 937 937 | 8.4% <mark>8.4%</mark> | 0.45 [0.39, 0.52] 0.45 [0.39, 0.52] | $\overleftarrow{\bullet}$ | | |
| Total events | 260 | | 344 | | | | | | |
| Heterogeneity: Not app | olicable | | | | | | | | |
| Test for overall effect: 2 | Z = 11.24 | (P < 0.00 | 001) | | | | | | |
| | | | | | | | | | |
| 1.1.4 Guideline + form | + decis | ion suppo | rt | | | | | | |
| Xydas 2012 | 258 | 551 | 288 | 481 | 9.2% | 0.78 [0.70, 0.88] | | | |
| Sublotal (95% CI) | 250 | 221 | 200 | 481 | 9.2% | 0.78 [0.70, 0.88] | | | |
| Hotorogonoity: Not on | 258 Jicoblo | | 288 | | | | | | |
| Test for overall effect: 3 | лісаріе 7 — И 197 | /₽ < 0 000 | 1) | | | | | | |
| restion overall effect. 2 | - 4.10 | (1 ~ 0.000 | 0 | | | | | | |
| 1.1.5 Guideline + educ | ation + o | lecision s | upport + | form + a | udit | | | | |
| Ternström 2014 | 470 | 1034 | 656 | 1128 | 10.2% | 0.78 [0.72, 0.85] | | | |
| Leahy 2017 (1) | 391 | 562 | 111 | 133 | 9.9% | 0.83 [0.76, 0.92] | | | |
| Leahy 2014 | 2097 | 69920 | 1874 | 57327 | 10.7% | 0.92 [0.86, 0.98] | | | |
| Thakkar 2016 | 1398 | 19477 | 1579 | 20531 | 10.5% | 0.93 [0.87, 1.00] | | - | |
| Subtotal (95% CI) | | 90993 | | 79119 | 41.3% | 0.87 [0.80, 0.94] | | • | |
| Total events | 4356 | | 4220 | | | | | | |
| Heterogeneity: Tau ² = | 0.01; Ch | i ^z = 15.11, | df = 3 (P | = 0.002); | I ^z = 80% | | | | |
| Test for overall effect: 2 | Z = 3.29 (| (P = 0.001 | 0) | | | | | | |
| 1 1 6 Guideline + educ | ation + (| locision s | | audit + n | onitorin | a | | | |
| Eropk 2017 | 24422 | 202462 | 12210 | 117444 | 11 404 | | | | |
| Subtotal (95% CI) | 51155 | 293163 293163 | 13210 | 117444 | 11.4% | 0.94 [0.93, 0.96] | | + | |
| Total events | 31133 | | 13210 | | | | | | |
| Heterogeneity: Not app | olicable | (D - 0 000 | 043 | | | | | | |
| rest for overall effect: 2 | 2 = 5.87 (| (H < 0.000 | 01) | | | | | | |
| Total (95% CI) | | 464149 | | 253272 | 100.0% | 0.78 [0.73, 0.85] | | • | |
| Total events | 48174 | | 27930 | | | | | | |
| Heterogeneity: Tau ² = | 0.01; Ch | i ² = 198.84 | 4, df = 9 (| P < 0.000 | 01); I² = 9 | 15% | 0.5 | 0.7 | 1 15 |
| Test for overall effect: 2 | Z = 6.02 (| (P < 0.000 | 01) | | | | 0.0 | Favours PBM | Favours no PBM |
| Lest for subgroup diffe | rences: | Chi≝ = 174 | 1.49, df = | 5 (P < 0.0 | JUOO1), 🖻 | = 97.1% | | | |



Effect on blood product utilization

FFP utililization



Behavioural interventions (PICO 16)

Outcome: Number of patients/admissions that received FFP transfusions





 \bigcirc

Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: Number of patients/admissions that received FFP transfusions





Effect on blood product utilization

PLT utililization



Behavioural interventions (PICO 16)

Outcome: Number of patients/admissions that received PLT transfusions

| | Behavioral intervention | | No intervention | | Risk Ratio | Risk Ratio |
|---|-------------------------|-------|-----------------|-------|---------------------|--|
| Study or Subgroup | Events | Total | Events | Total | M-H, Random, 95% Cl | M-H, Random, 95% CI |
| 1.10.1 Guideline | | | | | | |
| Ballantyne 2004 - transfusion rate | 35 | 295 | 122 | 393 | 0.38 [0.27, 0.54] | -+ |
| 1 10 2 Audit/approval + Form | | | | | | |
| Ohen a 4000 in concentrate DI Theorefusions | 070 | 6407 | 4 400 | 0500 | | |
| Cheng 1996 - Inappropriate PLT transfusions | 673 | 5427 | 1488 | 6286 | 0.55 [0.50, 0.60] | * |
| 1.10.3 Guideline + Form + Audit/feedback | | | | | | |
| Hui 2005 - inappropriate PLT transfusions | 14 | 444 | 18 | 385 | 0.67 [0.34, 1.34] | + |
| | | | | | | |
| | | | | | | 0.01 0.1 i 10 100 |
| | | | | | | Favours intervention Favours no intervention |

Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: Number of patients/admissions that received PLT transfusions

 \bigcirc

FRANKFURT 2018





Effect on clinical outcomes

Hospital mortality



Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: hospital mortality

| | | | | Odds Ratio | Odds | Ratio | |
|---|--|--------------------------|---|--|-------------------------|----------------------|----|
| Study or Subgroup | log[Odds Ratio] | SE | Weight | IV, Random, 95% CI | IV, Rando | m, 95% Cl | |
| 1.22.1 Guideline + for Gross 2015 Subtotal (95% CI) Heterogeneity: Not ap Test for overall effect | 0.1312 0.1312 0plicable Z = 0.46 (P = 0.64) | 0.2825 | 19.8% 19.8% | 1.14 [0.66, 1.98] 1.14 [0.66, 1.9 8] | - | • | |
| | , | | | | | | |
| 1.22.2 Guideline + ed Yaffee 2014 Subtotal (95% CI) Heterogeneity: Not ap Test for overall effect: | ucation 0.2809 pplicable Z = 0.66 (P = 0.51) | 0.4269 | 18.5% <mark>18.5%</mark> | 1.32 [0.57, 3.06] 1.32 [0.57, 3.06] | - | • | |
| 4.00.0.0.11-1 | | | | | | | |
| 1.22.3 Guideline + for Rineau 2016 Subtotal (95% CI) Heterogeneity: Not ap Test for overall effect: | m + education -1.0986 pplicable Z = 0.67 (P = 0.50) | 1.6363 | 7.2% 7.2% | 0.33 [0.01, 8.24] 0.33 [0.01, 8.24] | | | |
| 4 | | | | | | | |
| 1.22.4 Guideline + ed Leahy 2017 (1) | ucation + decision -1.1712 | 0.4935 | 17.8% | audit 0.31 [0.12, 0.82] | | | |
| Heterogeneity: Not ap Test for overall effect: | plicable Z = 2.37 (P = 0.02) | | 17.8% | 0.31 [0.12, 0.82] | | | |
| 1.22.6 Guideline + au | dit + decision sup | port | | | | | |
| Xydas 2012 Subtotal (95% CI) Heterogeneity: Not ap Test for overall effect: | 0.088)plicable Z = 0.13 (P = 0.90) | 0.6737 | 15.8% 15.8% | 1.09 [0.29, 4.09] 1.09 [0.29, 4.09] | | | |
| 1.22.7 Guideline + au | dit + monitoring | | | | | | |
| Mehra 2015 Subtotal (95% CI) Heterogeneity: Not ap Test for overall effect: | -1.7727 plicable Z = 25.51 (P < 0.0(| 0.0695 0001) | 20.8% <mark>20.8%</mark> | 0.17 (0.15, 0.19) 0.17 (0.15, 0.19) | • | | |
| Total (95% CI) Heterogeneity: Tau ² = Test for overall effect: Test for subgroup diff | : 1.42; Chi² = 70.25 Z = 1.04 (P = 0.30) ferences: Chi² = 70 | , df = 5 (F .25, df = | 100.0% P < 0.0000 5 (P < 0.0 | 0.57 [0.20, 1.65] D1); I ² = 93% 0001), I ² = 92.9% | 0.01 0.1 Favours PBM | 10 Favours no PBM | 10 |



Decision support system versus no decision support system (PICO 17)

Outcome: Mortality





Effect on clinical outcomes 30-day mortality – 30-day readmission

Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: 30-day mortality



MERCENSE FRANKFURT 2018

Decision support system versus no decision support system (PICO 17)

Outcome: 30-day readmission





Effect on clinical outcomes

Acute myocardial infarction



 \bigcirc

Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: acute myocardial infarction





Effect on clinical outcomes

Acute ischaemic stroke



Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: acute ischaemic stroke

| | After F | PBM | Before | PBM | | Risk Ratio | Risk Ratio |
|---|----------------------------|-----------------------|--------------|---------------------|---------------------------|---|----------------------------|
| Study or Subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% Cl | M-H, Random, 95% Cl |
| 1.20.1 Guideline + for | m | | | | | | |
| Gross 2015 Subtotal (95% CI) | 58 | 2275 2275 | 13 | 387 387 | 41.9% 41.9% | 0.76 [0.42, 1.37] 0.76 [0.42, 1.37] | |
| Total events Heterogeneity: Not ap | 58 blicable | | 13 | | | | |
| Test for overall effect: | Z = 0.91 | (P = 0.3 | 6) | | | | |
| 1.20.2 Guideline + ed | ucation | | | | | | |
| Yaffee 2014 Subtotal (95% CI) | 12 | 387 387 | 12 | 391 391 | 23.6% 23.6% | 1.01 [0.46, 2.22] 1.01 [0.46, 2.22] | |
| Total events Heterogeneity: Not ap Test for overall effect: | 12 plicable Z = 0.03 | (P = 0.9 | 12 18) | | | | |
| 1.20.3 Guideline + de | cision su | pport | | | | | |
| Xydas 2012 Subtotal (95% CI) | 4 | 551 551 | 3 | 481 481 | 6.6% 6.6% | 1.16 [0.26, 5.17] 1.16 [0.26, 5.17] | |
| Total events Heterogeneity: Not an | 4 nlicable | | 3 | | | | |
| Test for overall effect: | Z = 0.20 | (P = 0.8 | (4) | | | | |
| 1.20.4 Guideline + ed | ucation + | form | | | | | |
| Ternström 2014 Subtotal (95% CI) | 18 | 1034 1034 | 12 | 1128 1128 | 27.9% 27.9% | 1.64 [0.79, 3.38] 1.64 [0.79, 3.38] | |
| Total events Heterogeneity: Not an | 18 nlicable | | 12 | | | | |
| Test for overall effect: | Z = 1.33 | (P = 0.1 | 8) | | | | |
| Total (95% CI) | | 4247 | | 2387 | 100.0% | 1.03 [0.71, 1.52] | + |
| Total events | 92 | | 40 | | | | |
| Heterogeneity: Tau ² = | 0.00; Ch | i ^z = 2.63 | 2, df = 3 (F | ^o = 0.45 | 5); I² = 0% | | |
| Test for overall effect: | Z = 0.17 | (P = 0.8 | 6) | | | | Favours PBM Favours no PBM |
| Test for subgroup diffe | erences: | Chi ² = 3 | 2.61, df= | 3 (P = 0 |),45), I ^z = I | 0% | |



Effect on clinical outcomes

Acute kidney injury



Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: acute kidney injury

| | After P | BM | Before I | PBM | | Risk Ratio | Risk Ratio |
|---|------------------------|----------------------|--------------|-------------------|-----------------------|---|---|
| Study or Subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% Cl | M-H, Random, 95% Cl |
| 1.21.1 Guideline | | | | | | | |
| Kopanidis 2016 Subtotal (95% CI) | 2 | 100 100 | 1 | 100 100 | 2.0% 2.0% | 2.00 [0.18, 21.71] 2.00 [0.18, 21.71] | |
| Total events | 2 | | 1 | | | | |
| Heterogeneity: Not ap | plicable | | | | | | |
| Test for overall effect: | Z = 0.57 | (P = 0.5 | 7) | | | | |
| 1.21.2 Guideline + ed | ucation | | | | | | |
| Yaffee 2014 Subtotal (95% CI) | 16 | 387 387 | 13 | 391 391 | 20.0% 20.0% | 1.24 [0.61, 2.55] 1.24 [0.61, 2.55] | |
| Total events | 16 | | 13 | | | | |
| Heterogeneity: Not ap Test for overall effect: | plicable Z = 0.59 (| (P = 0.5 | 5) | | | | |
| 1.21.3 Guideline + de | cision su | pport | | | | | |
| Xydas 2012 Subtotal (95% CI) | 17 | 551 551 | 15 | 481 481 | 21.9% 21.9% | 0.99 [0.50, 1.96] 0.99 [0.50, 1.96] | |
| Total events | 17 | | 15 | | | | |
| Heterogeneity: Not ap | plicable | | | | | | |
| Test for overall effect: | Z = 0.03 (| (P = 0.9 | 18) | | | | |
| 1.21.4 Guideline + for | rm | | | | | | |
| Gross 2015 Subtotal (95% CI) | 113 | 2275 2275 | 29 | 387 387 | 56.2% 56.2% | 0.66 [0.45, 0.98] 0.66 [0.45, 0.98] | • |
| Total events | 113 | | 29 | | | | |
| Heterogeneity: Not ap | plicable | | | | | | |
| Test for overall effect: | Z = 2.05 | (P = 0.0 | 4) | | | | |
| Total (95% CI) | | 3313 | | 1359 | 100.0% | 0.84 [0.60, 1.17] | • |
| Total events | 148 | | 58 | | | | |
| Heterogeneity: Tau ² = | 0.01; Ch | i ² = 3.23 | 7, df = 3 (F | P = 0.35 | i); I² = 8% | | $\begin{array}{c ccccccccccccccccccccccccccccccccccc$ |
| Test for overall effect: | Z=1.03 | (P = 0.3 | 0) | | | | Favours PBM Favours no PBM |
| Test for subgroup diff | erences: | Chi ^z = (| 3.24, df = | 3 (P = 0 | 1.36), I ² = 1 | 7.4% | |



Effect on clinical outcomes

Length of hospital stay



Behavioural interventions/DSS/monitoring in comprehensive PBM programs (PICO 15)

Outcome: length of hospital stay





What is the overall certainty of the evidence of effects? (= how good an indication does the research provide of the likely effects across all of the critcal outcomes; i.e. the likelihood that the effects will be different enough from what the research found that it might affect a decision about the

intervention?)

o Very lowo Lowo Moderateo High

o No included studies



Quality of body of evidence: critical outcomes

Behavioural interventions (PICO16)

DSS vs no DSS (PICO 17)

| Outcomes | Certainty of the evidence (GRADE) | Outcomes | Certainty of the evidence (GRADE) | | |
|--|--|---|--------------------------------------|--|--|
| Behavioural intervention(s) versus no intervention: RBC utilization | ⊕○○○ VERY LOW ^a | Appropriate transfusions follow up: 4 months | ⊕⊕⊖⊖ LOW ^{a,b} | | |
| Behavioural intervention(s) versus no intervention: FFP utilization | ⊕○○○ VERY LOW ^a | Overall RBC usage (RBC transfusions per 100 inpatient days) | ⊕◯◯◯ VERY LOW ^{c,d} | | |
| Behavioural intervention(s) versus no intervention: PLT utilization | ⊕◯◯◯ VERY LOW ^a | follow up: range 12 months to 42 months | | | |
| Behavioural intervention(s) versus no intervention: Cryoprecipitate | ⊕◯◯◯ VERY LOW ^{a,b} | Inappropriate RBC usage (RBC transfusions per 100 inpatient days) follow up: range 12 months to 42 | ⊕◯◯◯ VERY LOW ^{c,d} | | |
| Guideline + Form + Audit versus Guideline: RBC utilization | ⊕◯◯◯ VERY LOW ^{a,b} | Mortality | $\oplus \bigcirc \bigcirc \bigcirc$ | | |
| | | follow up: 42 months | VERY LOW ^{b,c} | | |
| Computerized decision support (CPOE) versus Guideline + Educaton: RBC utilization | ⊕◯◯◯ VERY LOW ^{a,b} | 30-day readmission follow up: 42 months | ⊕◯◯◯ VERY LOW ^{b,c} | | |
| a. Risk of bias (inappropriate eligibi confounding and/or inadequate/ b. Imprecision: Limited sample size | lity criteria, not controlled for incomplete follow-up) | a. Risk of bias: reporting bias, selection bias (allocation concealment) unclear, attrition bias unclear b. Indirectness: 1 single-centre US trial (limited generaliziblity to other settings/countries) c. Risk of bias: Inappropriate eligibility criteria and not controlled for confounding | | | |

d. Indirectness: 3 single-centre US trials (limited generalizibility to other settings/countries)

Quality of body of evidence: critical outcomes

Behavioural interventions – DSS – monitoring in comprehensive PBM programs (PICO 15)

| Outcomes | Certainty of the evidence (GRADE) |
|---|--------------------------------------|
| Blood product utilization - number of patients/admissions receiving RBC transfusion follow up: median 22.5 months | ⊕⊕⊖⊖ low |
| Blood product utilization - number of patients receiving PLT transfusion follow up: median 21 months | ⊕⊖⊖⊖ VERY LOW ^a |
| Blood product utilization - number of patients receiving FFP transfusion follow up: median 12 months | ⊕◯◯◯ VERY LOW ^{a,b,c} |
| Morbidity - acute kidney injury follow up: median 24 months | |
| Mortality - hospital mortality follow up: median 24 months | ⊕○○○ VERY LOW ^{a,c} |
| Mortality - 30-day mortality follow up: median 9 months | ⊕⊖⊖⊖ VERY LOW ^{b,c} |
| Morbidity - acute ischaemic stroke follow up: median 18 months | |

a. Inconsistency: all parameters (statistical and visual) are positive

Back of bias: Inappropriate eligibility criteria (Xydas 2012), inappropriate methods for exposure and outcome variables (Ternström 2014), not controlled for confounding (Gross 2015, Ternström 2014 and Thakkar 2016) and other limitations (all studies)

c. Imprecision: Large variability in results

d. Imprecision: Low number of events



RESOURCE USE

Effect of comprehensive PBM programs on economic outcomes

-> no cost info on behavioural interventions/DSS/monitoring systems, only direct (acquisition/activity-based) cost info on blood products/iron/EPO/tranexamic acid.

| Outcome | Absolute Cost (after PBM versus before PBM program) in euros | Author, year, country |
|---|--|---------------------------|
| Direct cost of EPO, iron, tranexamic acid and blood transfusion | +5,457€ (30,572€ vs 25,097€) | Rineau, 2016, France |
| Total direct costs | -4,075€ (44,300€ vs 48,375€) | Gross, 2015, USA |
| Total costs (all blood products per 1000 cases) | -70,697€ (211,164€ vs 281,861€) | Mehra, 2015, Switzerland |
| Direct cost RBC units (annually) | -952,660€ | Meybohm, 2016, Germany |
| Direct cost RBC units + costs RBC transfusion process (annually) | -3,000,000€ | Meybohm, 2016, Germany |
| Direct cost of iron, EPO, tranexamic acid, RBC units, bed days saved | -576,409€ | Frew, 2016, UK |
| Direct cost of RBC units | -244,509€ | Leahy 2017, Australia |
| Direct cost of PLT units | -191,690€ | Leahy 2017, Australia |
| Total direct product-acquisition cost (all blood products) | -11,623,032€ | Leahy 2017 (2), Australia |
| Total cost avoidance | -586,863€ | Loftus, 2016, USA |
| Total direct cost (all blood products) (annually) | -161,623€ | Ternström 2014, Sweden |
| Total direct cost RBC transfusion | -274,246€ | Yaffee, 2014, USA |
| Total acquisition cost per year | -147,172€ | Thakkar, 2016, USA |
| Total activity-based cost per year (3.2-4.8 times the acquisition cost) | -471,008€ to -706,572€ | Thakkar, 2016, USA |
| Total direct product-acquisition cost (all blood products) (per year) | -1,715,961€ | Frank, 2017, USA |
| Total acquisition cost per year (182€/unit) | -87,421€ | Kansagra, 2017, USA |
| Total activity-based cost per year (809€/unit) | -388,688€ | Kansagra, 2017, USA |

Recommendations for the design of future studies of PBM implementation e.g. decision support

Recommendations for future studies on decision support in transfusion

Clearly state the algorithm used by the DSS.

ICC-PBI

FRANKFURT 2018

- Report the number and proportion of transfusions given outside the guidelines used by the DSS.
- Report the amount of orders cancelled following recommendations provided by the DSS.
- Report the effect of DSS on average blood count or coagulation parameter preceding and following transfusion.
- · Report data on physician workflow such as time taken to enter an order.
- Clearly define the inclusion and exclusion criteria of patients to whom the DSS applied and which clinical staff were using it.
- State clearly whether the DSS was mandatory or voluntary. If the latter, state the percentage of blood orders using DSS.
- Give detailed descriptions of any co-interventions, such as teaching, training, and other patient blood management initiatives.
- Report standardized measures for blood usage, to include percentage of patient population transfused and number of transfusions per patient and/or number of transfusions per transfused patient. Consider also giving transfusions per 1000 patient-days.
- Consider investigating effect of DSS on plasma, platelet, and cryoprecipitate usage as well as RBC usage.
- Consider reporting units of blood products per order (eg, single-, double-, or multi-unit) as well as number of transfusions.
- Consider reporting more detailed clinical outcome measures, such as mortality, length of stay, incidence of transfusion associated circulatory overload, infection rates, and ischemic events.

Hibbs et al. Transfusion Medicine Reviews 2015:29; 14-23





The key aim is to make judgments by the panelists (during the closed session) to formulate:

1) a strong/conditional recommendation for/against implementation of comprehensive PBM programs and/or specific behavioural/decision support interventions, or

2) no recommendation, or

3) a research recommendation.